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### Is homework beneficial to high school students?

All students when enrolled in school start getting homework at a short age. Homework is assigned to students so they can show what they have learned in class and to give them more practice at home. Teachers often assign an overload of homework for their students not knowing that some of them face some difficulties to get it done. So, the real question to this issue is, is homework really beneficial to high school students? This controversial topic has its pros and cons. I believe that homework is not beneficial for high school students for the following reasons: it's more stress for students, less personal time for them, they have other responsibilities at home, difficulties for low-income students, school offers tutorials, teachers give extra credit.

Stress according to the dictionary in a medical or biological context is a physical, mental, or emotional factor that causes bodily or mental tension. Homework causes students to stress and be overwhelmed with too much work. A lot of high school students often get a job to help their parents economically which leads them to be extra tired when it's time to do their homework. Another factor that makes students stressed is having younger siblings which they have to babysit due to parents not having enough money to afford a babysitter. Apart from that a large amount of these students have to do house chores like cook and clean that makes them more stressful when it's time for them to do their homework. Stress leads to sickness and being less focused in class and outside class. Many of these students don't seek help because they don't want to look as they can't handle their situations. Too much stress at a shortage is not beneficial for high school students.

How many students want to have some personal time for themselves or be with friends relaxing? All students want to have their own time to be free with no homework. Homework takes students' personal time, playing time and hang out time. Students need to relax to be ready for the next school day especially because

high students have six different academic subjects. Some of those subjects are more complicated for some students so they need to relax to keep their mind clear. Students already spend seven hours at school and if we add homework to their time it is almost 10-11 hours that they spend doing schoolwork. Students go to school, then go home either do homework or chores and then it's time to go to sleep, so they do not have any time for themselves.

Teachers assign homework so students can learn to be responsible by meeting deadlines to turn in their work and actually practice at home but are they really doing it? Many students do not do their homework or they just end up copying from their friends or one of their classmates. Teachers want them to learn in more detail what they did during class by giving more examples to practice but since they just copy they are not paying attention to what they are doing. Homework is worth only a small percentage of students' grade, so it's not worth it doing homework. Even though homework is worth a small amount of points, students still turn in but are they really learning if they just copy. Copying does not show what the student knows or what it needs to practice more.

Some students are part of low-income homes which means their living conditions are not the best. Some families rent either a small bedroom, others share a house or live in a small 1-2 bedrooms. When families have more than one kid, they do not have an assigned quiet place for them to do their homework. A quiet place is recommended for students to do their homework because they can concentrate better and study at their best. According to the article "Quiet, calm prove to be study buddies for students" by Rose Russell states that even though students claim that they can study while tv is on, mom cooking and siblings are playing it's not true. In the article he explains that, "Research tells us that a lot of kids cannot multitask." "And although quiet music may be a good backdrop for students who are studying, it may not work for those who "are easily distracted," said Ms. Jackson Wallace, who added, "environment really does matter." So, if a student does not have a quiet place to do their homework why assign an overload of it.

High school teachers offer after school tutorials and some offer extra credit work for all their students. If a student is having a hard time understanding the classwork they can go to tutorial and ask questions to clarify the material. Often teachers offer extra credit worksheets to get their grade up. So students are already staying an extra hour at school doing school work, there is no need to go home and keep doing more homework not taking in consideration that maybe the student still has to go to work or go home and do house chores before they can do homework. When a student is struggling in a class does not mean that having homework will help them clear their doubts.

The articulation of my views are the following; I believe that homework is not fully beneficial because nowadays with the availability of technology access students do not really try to do their homework, all they do is search google. Homework leads to anxiety in students when having too much on their plate. After high school students will have more responsibilities that they won't have time to have their own personal time. Eventually students will learn to be responsible without homework. The articulation of the deliberative community perspectives are that homework helps their academic achievement. Students understand the subject in better detail and help them to be ready for the next day if they have any concern about their assignment. Finally, it helps parents be aware of what assignments are being given to their kids.

In conclusion, some homework is good for students but teachers should take into consideration some of the difficulties that some students go through. Also, certain subjects do require extra practice such as math but do not an overload of worksheets. However, I still believe that homework is not fully beneficial to high school students because of the extra stress that adds to their shoulders, also not knowing what kind of environment the student lives and what's their financial need.

Word Cited

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